

Online Coaching Skills

Course Aims

This **Online Coaching Skills Training Course** will introduce the skills, techniques and benefits of coaching.

Course Objectives

By the end of the session, attendees will:

- Be able to describe the role of the coach and when coaching should be used
- Be able to demonstrate the skills required of an effective coach
- Know how to use a tried and tested coaching structure that delivers results
- Be able to provide effective feedback to individuals that you coach
- Know how to drive actions and capture them in a development plan

Course Content

- Role of the Coach
- When to coach
- Coaching Model

Course Benefits

Coaching allows you to raise awareness in individuals of their need to change or improve. This generates commitment to take on board actions and make changes to their attitude, behaviour or performance meaning more effective people in your team or organisation.

Who Should Attend?

People at any level who would like to help others develop skills, make improvements or make changes in their lives.

Session Breakdown

The Role of the Coach and coaching

- What is a coach and what are they there to do?
- What is coaching and the skills required of an effective coach

When to coach

- When is coaching appropriate to use?
- The differences between coaching, mentoring, buddying and counselling

Coaching Approach

- What are the various methods of coaching?
- How to adapt your style based on the business and the person being coached
- Developing a coaching culture in the business

Delivery Options



Virtual In House

We can deliver this course as a virtual online training course for your business

Contact us for a quote to have this course delivered in-house.



Online Open Course

We deliver this course as an online virtual open training course.

Each space costs £195.00 + VAT/€215.00 per person

Course Information

This is a **one day online** training event that Revolution Learning and Development deliver as a virtual online training course or virtual in-house training course.

When we deliver this course in house, we can make this more bespoke to your needs.

To discuss your individual needs, email hello@revolutionlearning.com or call us. If you're in the UK it's 03333 444575 and if you're in the ROI it's 015549779

Booking terms and conditions are available on our website.

